

TRIUMPHANT SPLASH

Rutchi shines as Nasa swimming season begins on a high note

Ivy Omondi of Riara School doing the 100m butterfly during a past Nairobi Swimming Association 'A' Swimming Championship at the Aga Khan High School, Nairobi. [PHOTO: JONAH ONYANGO/STANDARD]



By ELIZABETH MBURUGU

Lucia Ruchti of the German School emerged victorious in the 200m individual medley as the Nairobi Swimming Association (Nasa) 2013/2014 season began at the Agakhan High School.

saw Tatyana Kiruthi of Loreto Convent Valley Road (LCVR) beat her last seasons best time of 3:38.11 by 0.54 to clinch the victory and book herself a place in the double A championships. Makini School's Nira Mwangi came in second with a time of 3:43.17. Girls

international School of Kenya beat stiff competition from other swimmers to win the boys 14-15years 200m individual medley in a time of 2:59.74.

Those who make the qualifying times in the "A" age group swimming championship qualify for the 'AA' age

group swimmers enter this season.

Nasa chairman Reginald Okumu was happy with the turnout and was optimistic for better competitions as the season unfolds.

"The turnout is very impressive and it is just the beginning of the sea-